

Fabulous Frocking February!

The inaugural Flocks on Bikes Street Ride, part of the 350 Climate Change Day of Action Dec 6th 2008, was immensely successful. Come and join the fun with these upcoming events for BikeWise month and beyond...

FROCKS ON BIKES STREET RIDE – FRI 20th Feb



Get your "Some Like it Hot" glad rags on... let's frock n'roll!

What: Flocks on Bikes Street Ride

When: Fri 20th Feb 6:30pm

Where: Meet at Queens Wharf (by Ferg's Rock and Kayak)

This *Flocks on Bikes* event will take riders inspired by the glamour and gangster chic of *Some Like it Hot* on a promenade around the waterfront and city centre to the outdoor movie screen on Cuba Street. The frock-flock will arrive in time for the pre-entertainment before the screening of *Some Like It Hot*, the classic 1959 movie, starring Marilyn Monroe. The ride is a fun way to remind Wellingtonians that cycling is the best way to get to the Cuba Carnival – or to any event. Everyone is warmly invited to join in – bring your friends!

FROCKS ON BIKES AT THE CUBA CARNIVAL –SAT 21ST FEB



The *Flocks On Bikes* phenomenon has hit Wellington this summer, and seen a surge in stylish women taking to two wheels. To show Wellingtonians that a bike is the ticket to sexy, liberated, sustainable transport, *Flocks On Bikes* is taking part in the Cuba St Carnival's Night Parade!

You too can be part of a contingent of fabulously-dressed Frockers, illuminated with a dazzling variety of mobile lighting, blowing kisses to the crowds and showing off your two-wheeled styles! Ladies, email frocksonbikes@gmail.com to register – we'll be organising some basic riding moves, so we need you to pre-register and come along to a practice run.

STREET CYCLING WORKSHOP FOR WOMEN – MON 23RD FEB

Come to a free workshop to share tips on biking in a frock, keeping your bike happy, avoiding oily chain tattoos and more. The workshop is run *by-women, for-women* and led by Cycle Aware Wellington members. It will cover safe riding tips, road rules, maps, equipment, cycling groups and where to go for more info.

What: Commuter and street cyclist workshop

When: Mon 23 Feb, 12:00–1:00pm OR 5:30–6:30pm (you choose)

Where: Wellington City Council committee room 2, Wakefield Street, Wellington

FROCK-NIC IN THE WAIRARAPA – SAT 7TH MARCH

Fancy frolicking on quiet country roads? Picture yourself picnicking in the shade by a river, and gulping gewurztraminer at Gladstone? Then climb aboard the Frock-nic – a picnic, in frocks, on bikes!!

On Saturday 7 March we'll take the 9:55am train from Wellington to Carterton, where we'll have a cafe stop, then a 13-km cruise on flat roads to a shady picnic spot at Carters Bush. Bring your togs – the river is gorgeous! Nearby options for refreshments include Gladstone Winery or Gladstone pub. We'll return the same way for a 26-km ride total; or take a longer route back to Carterton over a modest hill, 40-km total. The train back to Welly leaves from Carterton at 5:05pm.

RSVP by 4 March to frocksonbikes@gmail.com as we have to let the train folks know to put an extra luggage wagon on the train.

MORE UPCOMING EVENTS

For your frocking pleasure, Frocks on Bikes are also planning...

- Bike maintenance for ladies
- Practical on-road cycle skills workshops
- Frocktober!!

WHAT FROCKS ON BIKES IS ALL ABOUT

Frocks On Bikes is a group of Wellington women (and supportive men!) who love bikes and love the planet. The phenomenon began at last summer's Bike to Work day and is being nurtured by the Intersect Network.

Frocks on Bikes is about showing that cycling is a convenient, fun, liberating and sexy way for women to get around. It doesn't have to involve lycra or sweating – you can hop on a bike in your prettiest frock, your highest-powered suit, or anything in between.