



Safer Cycling Programme

Graeme Lindup & Glen Koorey

CAN Do 29-30 Oct 2011

Session Outline



- Background to Programme
- Tasks being Undertaken
 - Joint Steering Group
- Cycle Instructor Training
- Road User Workshops
- “Share The Road” Campaigns

Programme Background



- May 2010
 - CAN “Safer Cycling” proposal to NZTA
 - *Safer Road User Behaviour*
 - *Cycle Training Coordination*
 - *Support for Model Communities*
- Jul-Sep 2010
 - CAN funded for “Safety of Cycling” project
 - *Lower speed limits info resources*
 - *“Bus-bike Aware” workshops*
 - *Cycle Training Coordination*
 - *Resources for Model Communities*

Why this Programme?

CAK

Third Morrinsville

Friends grieve for 'wonderful' nurse

By Vaimoana Tapaleao

November 18, 2010

Cyclist killed

Schoolgirl hit amid cycle death spate

Last updated 10:50 18/11/2010

549 comments

Text Size

Print

Share



DEREK FLYNN

INJURY: A school girl was seriously injured after falling under the rear wheels of a truck and trailer unit south of Blenheim on State Highway 1.

A Blenheim schoolgirl was **seriously injured when she was run over by a truck** while cycling this morning, as the cycling death toll in the past five days rose to five.

The cycling deaths have seen the Cycling Advocates Network renewing calls for drivers to undergo testing every 10 years.

The 12-year-old girl was riding with another girl when she was hit by the truck and trailer, which was carrying a tractor, on State Highway 1 just outside Blenheim about 8.20am.

Blenheim St John Ambulance operations team leader Pete Davidson said the girl suffered serious head, chest and abdomen injuries and was taken to Wairau Hospital.

FIFTH CYCLE DEATH SINCE SUNDAY

Kay Wolfe, the third cyclist hit by a car near Morrinsville on Sunday has died in Waikato Hospital.

Wolfe, 45, of Gordonton, had been one of 10 cyclists from the Morrinsville Wheelers Cycling Club travelling in a group along the Morrinsville-Walton Rd when a car driven by a 23-year-old woman crossed the centreline on a corner and crashed into the group.

1 Email Print



VIDEO John Key on cycling deaths (1:28)

- Waterfront cyclist killed in crash named
- Driver forces cyclist off road - lectures him
- Auckland cyclist killed trying to avoid opening door - police
- Spontaneous photo stop ends in tragedy

nzh your views

What needs to be done to make cycling safer?

Share your view »

Read what others think

Developing our Programme



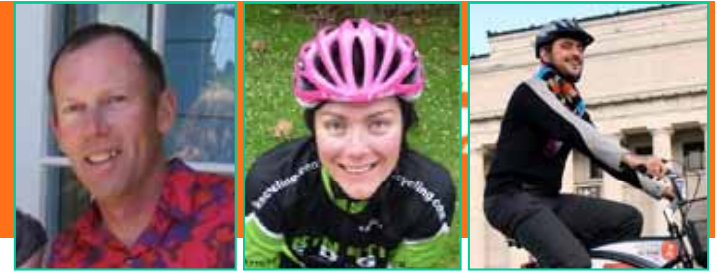
- Late Nov 2010
 - CAN & BikeNZ joint media work
- 22 Dec 2010
 - CAN & BikeNZ invited to prepare NZTA bid
- 25 Feb 2011
 - Revised proposal submitted to NZTA
 - *BikeNZ lead with CAN as sub-contractor*
 - *MoU between CAN and BikeNZ*
- March 2011
 - Project Underway!

What the Programme Involves

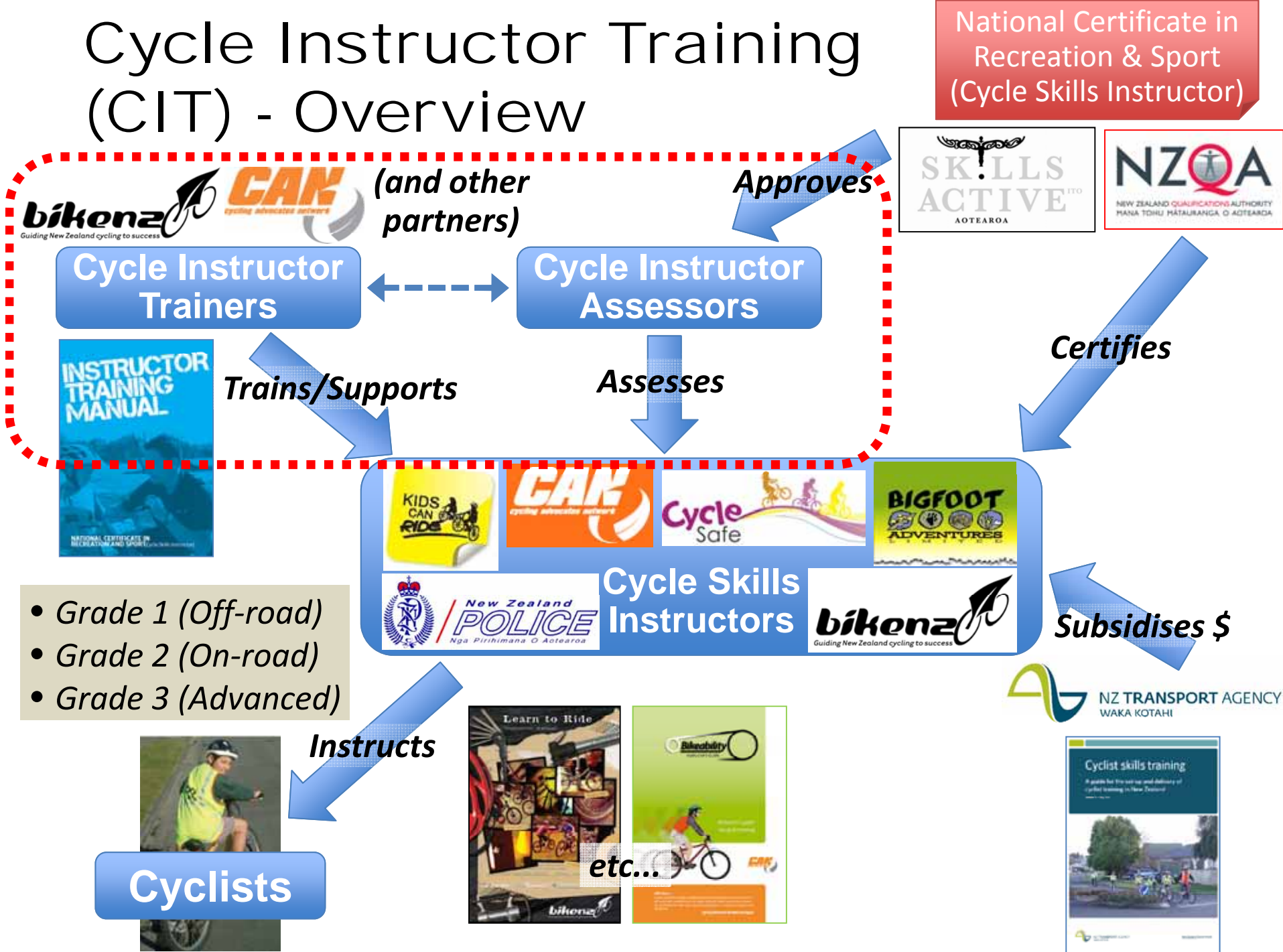


- 16 mth contract: Mar 2011 – Jun 2012
 - \$340k (CAN about \$120k)
- Three projects:
 - Cycle Instructor Training (led by BikeNZ)
 - Road User Workshops (led by CAN)
 - “Share the Road” campaigns (led by CAN)
- Joint CAN/BikeNZ Steering Group (JSG)
 - Regular Teleconfs/Meetings by JSG
 - Quarterly Meetings with NZTA

Some of the Team...



Cycle Instructor Training (CIT) - Overview



- Grade 1 (Off-road)
- Grade 2 (On-road)
- Grade 3 (Advanced)

Cycle Instructor Training - Safer Cycling Prog Tasks



- Develop Instructor training resources
 - Grades 1/2/3
- Deliver cycle Instructor training courses
 - 9x Grade 1 courses by Jun 2012
 - 3x Grade 2 courses by Jun 2012
 - 3x Grade 3 courses by Jun 2012
- Provide ongoing Instructor Support
 - Manage Register of Accredited Instructors
 - Prof Developm't for Accredited Instructors
 - Online resources for Instructors to use
 - Marketing Instructors to Funders

Cycle Instructor Training - Results to Date



- Instructor Training Resources
 - Grade 1 Training Manual Produced (includes “how to teach” elements)
 - Grade 2/3 Manual started
- Grade 1 Training Courses
 - Six delivered, >100 participants
- First Grade 2 Course in late Nov (Aklid)
- Ongoing instructor Support
 - Details of Trained Instructors online
 - Online resources started
 - Seven Assessors now available

Cycle Instructor Training

- Costs for Instructors



- Cycle Instructor Training (2 days)
 - \$75 per G1/2/3 Course (heavily subsidised)
 - Ongoing workbook of Instruction delivered
- Ongoing Mentoring/Support
 - \$75 per year via BikeNZ
- NZQA Registration
 - \$75? to NZQA if not already on Register
- Skills Active Assessment (1-2 days)
 - \$125 to Skills Active for Qualification
 - \$?? to Assessor per G1/2/3 Assessment

Road User Workshops (RUW)









Road User Workshops

- Safer Cycling Prog Tasks



- Bus/Bike Road User Group Workshops
 - Deliver 8x courses by Jun 2012
- Truck/Bike Road User Group Workshops
 - Develop/Adapt Course Material
 - Pilot/Deliver 7x courses by Jun 2012
- Ongoing Trainer Mentoring/Support
 - Identify/Train New Course Presenters
- Other Rd User Interaction Resources
- Investigate Delivery to Other RU Groups

Bus Workshops



MAY/JUNE 2011

- Fullers - Waiheke
- NZ Bus - Auckland

NOVEMBER 2011

- North Bus - Whangarei
- Northstar - North Shore
- NZ Bus - Onehunga
- NZ Bus / Waka Pacific
- NZ Bus / Go West

MARCH 2012

- NZ Bus
- North Star
- North Bus
- Waka Pacific
- Go West

TBC 2011/2012

- Howick & Eastern
- Go Bus - Hamilton
- Rotorua?

Truck Workshops



PRIOR TO JUN 30 2011



- New Plymouth – Late Nov
- Whangarei – Late Nov
- Keri Keri – Late Nov
- Hamilton - TBC
- Auckland Port Authority – TBC
- Rotorua - TBC

PRIOR TO JUN 30 2012



Formats



Working well

- Targets Shift Breaks from 10am – 2pm
- Drivers on Bikes
- More Driver Focused



Traditional 3-4 hour workshop

- Drivers on Bikes
- Use 1 Truck for Discussion
- Use Bus for On Road Observation



½-Hour Tie in with RTA “Pit Stop” Sessions

- Simply dialogue
- No On Road Observation for either Road User



2 day Whangarei Model

- Targets End of day 4-6pm
- Day 1: 6 Trucks with Cyclist Pass'grs on 8km route
- Day 2: Drivers & Cyclists Bike Ride

Resources



The collage features several resources for a road user workshop:

- Posters:** Two posters for 'ROAD USER WORKSHOP'. One is red with a white logo and icons of a bicycle, truck, and bus. The other is green with a white logo and icons of a bicycle, truck, and bus. Both posters include logos for CAN, NZ Transport Agency, and bikeNZ.
- Video:** A video player showing a scene with a bus. The video player interface includes a play button, a progress bar, and a volume icon. The video is titled 'Video - First Edit - Dec 16'.
- Logos:** Logos for CAN, NZ Transport Agency, and bikeNZ are visible throughout the collage.

Video - First Edit - Dec 16

Workshop Posters

Training/Mentoring

November 2011

- Julie Roe (Hamilton)
- Marilyn Northcotte (Wellington)
- Stu Bell (Whangarei)

Target November 2-4th RUWs

- Attend 1-2 RUW
- Course Material Review/Feedback
- Co-facilitate

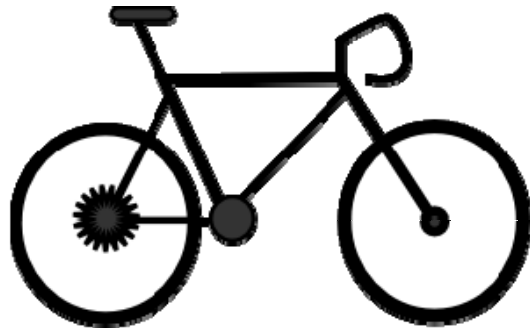
Cycle Buddies course?

- Abridged Grade 3 On-Road



The image shows the cover of a document titled 'ROAD USER WORKSHOP – FACILITATOR SCRIPT'. At the top left, there are logos for the NZ Transport Agency (Waka Kotahi) and CAN. At the top right, there is the Bikenz logo. The title 'ROAD USER WORKSHOP – FACILITATOR SCRIPT.' is written in large, bold, green capital letters. Below the title is a photograph of four people (three men and one woman) standing outdoors and talking. They are wearing dark jackets and some are wearing reflective vests.

Share The Road (STR)



Share The Road

- Safer Cycling Prog Tasks



- Get Feedback from Road User Groups
 - Stakeholder Workshops
- Report for NZTA
 - Review Previous Road User Campaigns
 - Key Audiences, Issues, Messages
 - Proposed Campaign(s) to Implement
- Pilot One or More Campaigns
 - Via NZTA and recommended agencies
 - Develop Related Campaign Materials

Changing Hearts & Minds



Behaviour Goals

Understanding of Road Rules

- Understand your Role as a road user
- Understand Others role/needs

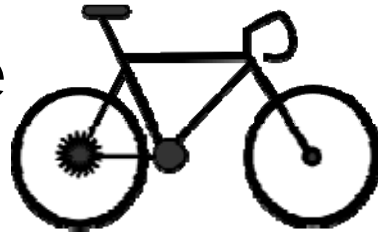
Safe Movement by and around other Road Users

- Understand Movement of other road users
 - Cyclists: 1.5m gap
 - Trucks: Blind Spots

Less Aggression

- See all Road Users as People
- Empathise with other Road Users and their needs

Tamaki Drive



- Original Group of 4

- Desire to do their part
- Make things safer (for them & other road users)

- "Take the Lead"

- Now a Group of 28

- Protocol for bunch riding Mon-Fri
- Promotion of Auckland Transport Hotline
- Ride Leader Training
- Website & Resource Development



The "Good Bunch"



Good Bunch
TAMAKI DRIVE

Auckland Transport

New Zealand Cycling Federation

- 2 Abreast Max (keep a tight and orderly bunch)
- 20 Riders Max per bunch (smaller preferred)
- 200 metres Min between bunches
- Follow the road code...
 - Stop at red lights
 - Stop for pedestrians at pedestrian crossings
 - Don't ride across green "pedestrian-crossing" lights
- Follow bunch leader's instruction
- Follow your bunch's protocol

To report a hazard or incident
call Auckland Transport: **(09) 355 3553**



“We are pushing against an open door”.

“It seems to me a lot of the Ride leaders had been thinking along these lines and need some authority to act”

“These are the parameters - a lot of our behaviour is outside it”

“If we get agreement on Tamaki Drive we can transfer it to Dominion Road, Lake Road and other routes - it’s simple to take the same protocols”

“We are seeing our behaviour through the eyes of other road users and we know it’s unacceptable - we have to change”

“We want to let random cyclists know this is a special pilot safe cycling zone and these are the practices we will observe”

“This session leaves me weak at the knees - I can’t believe what I’m hearing tonight - I would give anything to see it happen in Christchurch.”

“We are no longer going to sprint from Ngapipi Road over the bridge -we are no longer going to chase scooters like dogs”

“We know we are a significant group, we want to lead the way... if we change others will follow”

Building Relationships



ROAD TRANSPORT FORUM NZ
THE DRIVING FORCE OF TRUCKING



Sharing the road for Safer Journeys

Tips for cyclists on urban roads

Cycling is great fun and an excellent way to get around. Here are a few simple tips to stay safe when sharing the road.



Be prepared

Plan a safe route and check your bike before you start - brakes, tyres, chain, lights and reflectors.



Be aware

Watch for car doors opening, potholes, rubbish, grates, pedestrians and other hazards.

Be confident

Ride in a straight line, at least one metre from parked cars and take the lane when you have to. Use cycle lanes when you can.



Be considerate

Try not to hold up the flow of traffic - if necessary, pull over to allow vehicles to pass.

Be predictable

Make eye contact with other road users and signal your intentions clearly.



Be seen

Wear high visibility or brightly coloured clothing. Use front and rear lights at night, in low light and rain.

Be patient

Slow down near parked or lined up vehicles. Pass slowly and only when safe.



Sharing the road for Safer Journeys

Tips for motorists on urban roads

Cycling is growing in popularity for commuting and recreation. Here are a few simple tips for sharing the road.



Be aware

Watch for cyclists, especially in low light and rain, before opening car doors, and at intersections. Cyclists may be travelling faster than you expect.

Be patient

Slow down near cyclists, and if need be, wait behind them. Pass slowly and only when safe and ideally leave a space of 1.5 metres.

Be considerate

Cyclists sometimes need to use the traffic lane for their safety. Please give them time and space to move in and out of the lane.

Be predictable

Indicate your intentions in plenty of time and wait for cyclists to pass before you turn at intersections.

Be safe

Take extra care at intersections, roundabouts and driveways. Know your blind spots.

Cyclists and motorists have the same rights and responsibilities so for everyone sharing our roads - be friendly!

For more comprehensive information on safety visit the NZTA website. See the Safety tips for cyclists and truck and bus drivers leaflet, The official New Zealand code for cyclists and The official New Zealand road code.



Sharing the roads for Safer Journeys

Tips for cyclists on rural roads

Cycling is great fun and an excellent way to experience rural New Zealand. Here are a few simple tips to stay safe when sharing a rural road.



Be prepared

Plan your route, carry a map if required, sufficient water/food and basic tools for repairs. Check your bike before you start - brakes, tyres, chain, lights and reflectors.



Be aware

Watch and listen for approaching vehicles, pedestrians, farm animals, potholes and other potential hazards.

Be confident

Know how to safely approach railway crossings, roundabouts, intersections, descents, one lane bridges and loose gravel roads.



Be considerate

Try not to hold up the flow of traffic - if necessary, pull over to allow vehicles to pass.

Be predictable

Signal your intentions clearly and keep to the left.



Be visible

Wear high visibility or brightly coloured clothing. Use front and rear lights at night, in low light and rain.

Be safe

Ride to the conditions and cycle no more than two abreast. Ride single file on corners, hills and roads with less than 200 metres visibility. Leave space between cyclists in front of you and communicate any upcoming obstacles on the road to cyclists behind you.



Sharing the roads for Safer Journeys

Tips for motorists on rural roads

Cycling is growing in popularity in rural areas. Here are a few simple tips for sharing the road.



Be aware

Watch for cyclists, especially in low light and rain, before passing other vehicles, at intersections and on hills and blind corners. Cyclists may be travelling faster than you expect.

Be patient

Slow down when approaching cyclists, and if need be, wait behind them. Pass slowly and only when safe and ideally leave a space of 1.5 metres.

Be considerate

Cyclists sometimes need to use the traffic lane for their safety, particularly as many rural roads have limited or no shoulders. Please be patient and allow plenty of time and space to carry out a passing manoeuvre. Take special care in large/longer vehicles as your speed can have a wind blast effect on cyclists.

Be predictable

Signal your intentions clearly and keep to the left.

Be safe

Know your blind spots. Take extra care turning at intersections, slow down for narrow or one lane bridges, hills, blind corners and in limited visibility.

Cyclists and motorists have the same rights and responsibilities so for everyone sharing our roads - be friendly!

For more comprehensive information on safety visit the NZTA website. See the Safety tips for cyclists and truck and bus drivers leaflet, The official New Zealand code for cyclists and The official New Zealand road code.



The Long-Term Plan



- NZTA Funding is a “kick-start”
 - Aim is for courses to be self-funding
- More potential with “Share the Road”
- Need to put forward some proposals
 - NZTA have earmarked some \$\$ for 2012-15?

Ideas?

Questions?