



## **CAN Guide to Every Day Cycling**

### **Ride with pride**

*You're making a difference!*

### **Enjoy your riding**

*Smile, feel great, radiate happiness!*

### **Support other cyclists**

*Help make cycling better for everybody!*

### **Do it by bike**

*Make those small trips by cycle!*

### **Follow the road code at all times**

*Know the code, stay alert, don't lose your cool!*

### **Love your bike**

*Make sure it's as safe and healthy as your good self!*

### **Report problems**

*Let your local council and police know about any problems!*